



Intimate Care Policy

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| Review Body: | Governing Body |
| Author: | Amelie Thompson Head of Inclusion |
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Contents

| | |
|--|---|
| | 0 |
| General principles and aims..... | 1 |
| Intimate Care Tasks | 1 |
| Partnership Working With Parents/Carers and Pupils | 1 |
| Providing Intimate Care..... | 2 |
| Safeguarding..... | 3 |
| Bodily Fluids..... | 3 |
| Appendix 1: Intimate Care Record | 5 |
| Appendix 2: Intimate Care Plan..... | 6 |

General principles and aims

All children at the Gipsy Hill Federation have the right to be safe and be treated with dignity, respect and privacy at all times to enable them to access all aspects of school life.

This policy sets out clear principles and guidelines on supporting intimate care with specific reference to toileting. It should be considered in line with our Safeguarding Policy, Health and Safety Policy, Special Educational Needs Policy and Supporting Children with Medical Conditions Policy.

This policy supports the safeguarding and welfare requirements of Early Years Foundation Stage (EYFS) framework April 2017 and the Equality Act 2010.

At the Gipsy Hill Federation we will ensure that:

- no child's physical, mental or sensory impairment will have an adverse effect on their ability to take part in day to day activities;
- no child with a named condition that affects personal development will be discriminated against;
- no child who is delayed in achieving continence will be refused admission;
- no child will be sent home or have to wait for their parents/carer due to incontinence unless an agreement has been made with the parent/carer;
- adjustments will be made for any child who has delayed continence.

Intimate Care Tasks

The definition of Intimate Care is taken to mean any physical care undertaken by a member of staff in order to support the individual needs of a child. This may include:

- Dressing and undressing a child,
- Incontinence care,
- The removal, change and safe disposal of incontinence pads or nappies.
- The toileting, wiping and care of the genital and anal areas.

Each aspect of intimate care will be carried out by named members of staff who have undergone appropriate training and instruction and are aware of best practice guidelines.

Partnership Working With Parents/Carers and Pupils

The toileting needs of individual children will be discussed at an initial meeting when the child is due to start school. Parents/carers are made aware that staff are on hand to offer advice on how to toilet train or are put into contact with relevant support services if needed. Parents/Carers are also asked



to inform the school of any medical condition which may affect their child's toileting needs or require any other intimate care.

On entry into the school, or when circumstances lead to the introduction of an Intimate Care Plan, each child will be assessed to ascertain their individual needs. This assessment will involve the child's parent/carer, the class teacher and either the Special Educational Needs Coordinator or a member of the Senior Leadership Team. Careful consideration will be given to each child's situation to determine how many adults will be needed to support, and which adults will be named as support. When possible a small number of familiar adults will share responsibility for supporting Intimate Care.

Parents/carers will be expected to provide some or all of the items which are required to carry out the child's Intimate Care Plan. This may include:

- A change of clothes
- Incontinence pads / nappies
- Wipes
- Cream/Medication needed for conditions such as nappy rash.

Communication between staff, parents/carers and the child is paramount; the procedure should be clearly explained to the child and they will be fully aware of the tasks that the adult is responsible for and the tasks which they are required to complete independently.

A child's dignity will be respected at all times. In the event of situation where the child requires to be washed more thoroughly than the school is able to provide, parents/carers will be called. However, parents will not be routinely called to take care of the child's intimate care needs. Where necessary, intimate care plans will be reviewed and additional advice will be requested from health professionals.

Providing Intimate Care

The Gipsy Hill Federation is committed to respecting and promoting the independence and privacy of every child. Any intimate care that is required will be carried out sensitively and with professionalism. There shall be a high awareness of child protection issues and any concerns will be discussed immediately with a Designated Safeguarding Lead.

When dealing with a child who requires support in any of these areas, staff will carry out such duties with the utmost respect. Children will be actively encouraged and supported in attaining the highest level of independence. Staff will be supported to adapt their practice in relation to the needs of individual children taking into account the child's age and stage of development and any additional medical needs.

In line with this, each child will have an Intimate Care Plan (Appendix B), promoting independence and dignity at all times. Where appropriate targets may be set which will be discussed with the child and parent/carers. Staff members will support the child's progress in meeting these targets. Any targets made will be reviewed each term with the aim of removing the Intimate Care Plan and the child achieving independence in their intimate care.



On each site, an accessible toileting facility will be identified for children who need support with intimate care. This equipment will be checked under the Health and Safety guidelines and cleaned after each use. The school will provide equipment to ensure the child can access such facilities without the need for manual handling (lifting).

During the school day, children who have an Intimate Care Plan will be supported as frequently as is needed. When a member of staff is made aware that a child needs additional support, this will be done as soon as is reasonably practical. Any time intimate care is given, this will be recorded on an 'Intimate Care Record Form' (Appendix A).

Members of staff who carry out the Intimate Care Plan of any child will need to adhere to the following:

- Class teachers will need to be informed before any child is taken to the toileting facility.
- Gloves will be worn before the start of any procedure and remain on until the end of the procedure, aprons to be worn when appropriate.
- Where possible, two members of staff will be responsible for the changing of an individual child. Individual circumstances will be discussed and agreed with parents/carers and will form part of the Intimate Care Plan.
- Soiled incontinence pads/nappies, wipes and all other waste will be placed in a bag, the bag will be tied and placed in the sanitation disposal bin provided (in line with the Environmental Protection Act, 1990).
- Gloves and aprons if used will be removed and placed in the sanitation disposal bin
- Staff and children will wash their hands following any Intimate Care support.
- Record all Intimate Care support on an 'Intimate Care Record Form' (Appendix A).

Throughout the process, staff will communicate with the child in order to place the child at ease. If applicable, the adult will support the child in working towards any targets that have been outlined in the child's Intimate Care Plan.

Safeguarding

Members of staff will have regard to the Gipsy Hill Federation Safeguarding Policy at all times. Where there is any difference to the intimate care plan in the care provided, a member of the Senior Leadership Team will be informed as soon as possible and parents/carers will also be either called or informed at the end of the day as appropriate.

If a member of staff is concerned about any physical or emotional changes in a child such as marks, bruises, soreness, distress etc. they will inform the Designated Safeguarding Lead (DSL) immediately. The Safeguarding Policy will be followed.

If an allegation is made against a member of staff, the procedure set out in the Safeguarding Policy will be followed.

Bodily Fluids

Urine, faeces, blood and vomit will be cleaned up immediately and disposed of safely. When dealing with body fluids, staff will wear protective clothing (disposal plastic gloves and aprons) and wash their hands thoroughly afterwards. Soiled children's clothing will be bagged to go home - staff will not rinse it. Children will be kept away from the affected area until the incident has been completely dealt with.



All staff maintain high standards of personal hygiene, and will take all practical steps to prevent and control the spread of infection.

This policy should be read in conjunction with:

Safeguarding (Child Protection) policy

Health and Safety Policy

Supporting Pupils at School with Medical Conditions Policy

Special Educational Needs Policy

Policy date: September 2020

Review date: September 2023





Appendix 2: Intimate Care Plan

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|----------------------------------|----------------|
| Child's Name: | Date of Birth: |
| Year Group/Class: | School Site: |
| Staff to be involved (initials): | |

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|--------------------------------------|
| Summary of Child's Individual Needs: |
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Where applicable identify one aspect of intimate care that could be developed in order for the child to have greater independence or responsibility in this area (*for example, letting an adult know when they need to be changed, assisting with wiping or being able to manage own personal care without incontinence pads*).

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| Target (where applicable): |
| Steps to be taken to achieve this target: |

I agree to the above procedures and I authorise this care plan to be carried out in line with the Federation's Intimate Care Policy.

Signed (Class teacher) _____

Signed (SENDCo/Senior Leadership team) _____

Signed (Parent/Carer) _____



